

UNIVERSITY OF MINNESOTA

TRACKING MY SPENDING

Download and print this Adobe Reader PDF file to track of your weekly spending for two weeks. Record everything you purchase, including cash on vending and laundry machines. Use the open space in the “Categories” column to write-in any of your expenses that are not identified. This will help you customize your spending plan categories and set realistic goals. (Adobe Reader software is available free at Adobe. com)

| CATEGORIES | Week 1 | Week 2 | TOTALS |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------|--------|
| Food: groceries; coffee; soda; vending machines; lunches; snacks; other food related expenses | | | |
| Household/Personal: rent; utilities; furnishings; clothing; computer hardware/software; laundry; toiletries; pet and child supplies; hair cuts | | | |
| Transportation: bus pass; taxi; car payment; gas; repairs and general maintenance; auto insurance; parking fees | | | |
| Travel/Entertainment: Books, subscriptions, or cable service; CDs or DVDs; hobbies; alcohol and tobacco; eating out; movies; sports; travel; club memberships; sports gear | | | |

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